# **NOAH EISELE'S READING LIST**

Books Read As Part of Treatment Between March 2021-September 2021

#### The Bondage Breaker

Overcoming Negative Thoughts-Irrational Feelings-Habitual Sins By Neil T. Anderson

## **Healing the Wounds of Sexual Addiction**

By Dr. Mark R. Laaser

#### **Seven Desires**

Looking Past What Separates Us to Learn What Connects Us By Mark & Debbie Laaser

### Anatomy of the Soul

Surprising Connections Between Neuroscience and Spiritual Practices that Can Transform Your Life and Relationships By Curt Thompson, M.D.

### **Surfing For God**

Discovering the Divine Desire Beneath Sexual Struggle By Michael John Cusick

#### Unwanted

How Sexual Brokenness Reveals Our Way to Healing By Jay Stringer

#### **Pure Desire**

How One Man's Triumph Can Help Others Break Free From Sexual Temptation By Ted Roberts

### **Seven Pillars of Freedom Workbook**

By Dr. Ted Roberts

#### **Addiction & Grace**

Love and Spirituality in the Healing of Addictions Gerald G. May, M.D.

#### **Substance Abuse- Fourth Edition**

Information for School Counselors, Social Workers, Therapists, and Counselors Gary L. Fisher and Thomas C. Harrison